# Upcoming Events

FRIDAY, FEBRUARY 4TH Live Music featuring Tim Martin 6:30-9:30pm

FRIDAY, FEBRUARY 11TH & 12TH Valentine's Dinner Friday Night Live Music by Al Broholm Pianist from 6:30-9:30pm

THURSDAY, FEBRUARY 17TH
Trivia Night presented by Sounddawgs in
the Ballroom & The Hill's Restaurant will
be open for regular dining

FRIDAY, FEBRUARY 18TH Live Music Featuring Tyler Parrish 6:30-9:30pm

FRIDAY, FEBRUARY 25TH
February Wine Dinner
Featuring Winebow
RESERVATIONS REQUIRED

# WHAT'S IN THIS MONTH'S ISSUE:

- Upcoming Events
- Kid's Club Feb Events
- Meet Jordan Ryan

## Health & Fitness Tips by Samantha Mixter

Tips to help drink more water:

- 1. Measure your water intake- you won't know if you're drinking more if you don't keep track!
- 2. Drink from a straw
- 3. Add Mio or other no/low sugar flavoring to your water

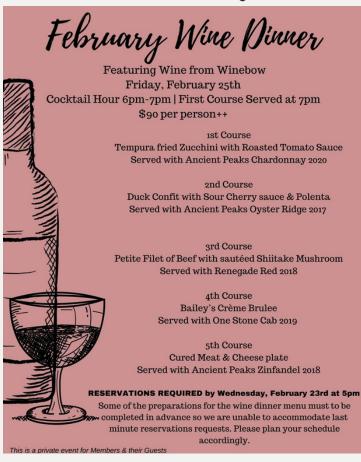
Join our Fit30 Classes M-W-F at 6am or Yoga Classes Mondays & Thursdays at 10:15AM and Saturdays at 9:00AM, starting February 7th.

### Meet our New Head Golf Professional-Jordan Ryan

We are pleased to announce that Jordan Ryan will be joining our Golf staff this month. Jordan is an accomplished PGA Golf Professional with over 13 years of industry experience. Jordan was most recently the Head Golf Professional at Augustine Golf Club in Stafford, VA and has worked in the Roanoke Valley golf industry for four years as a First Assistant. Working in both the public and private sector, we feel that Jordan's leadership skills, knowledge and work experience will strengthen our golf operations. He is looking forward to creating new and exciting Junior Golf programs as well as working with our WGA and MGA.



# February Wine Dinner





### KID'S CLUB EVENTS

Daytime Kid's Club Wed-Saturday <u>11am-5:30pm</u> Evening Kid's Club 5:30pm-10:30pm Wed-Saturday

Kid's Club Now Offered on Sundays during Brunch llam-3pm

### FRIDAY FEB 11TH

5-10:30pm

During the adult's Valentine's dinner on the 11th, we will be making Valentine themed cards and crafts

### SATURDAY FEB 12TH

During this adult's Valentine's Dinner, we will be making Valentine's slime in Kid's Club! This will be \$10 per child (not including dinner price) to include the supplies needed! Standard dinner sitting service without slime making still available at \$5 per child.

### FRIDAY FEB 18TH

Kid's Night Out Event-Paint Night

While the adults enjoy live music by Tyler Parrish, we will be hosting another Kid's Night Out Paint Night at \$10 per child (dinner not included).